

Living A Blessed Life

Under Attack

Psalm 42:1-2

As the deer pants for the water brooks, so pants my soul for You, O God. ²My soul thirsts for God, for the living God. When shall I come and appear before God?

David wrote this but the sons of Korah put the words to music.

Background:

- David is running from Absalom and is on the brink of losing his entire **kingdom**.
- He is about to lose the **destiny** God had planned for him.
- David is being chased or **hunted** and he makes this statement:

The statement: "As the deer pants for water"

- The only time a deer pants for water is when he is being **chased**.

If the camera kept following the gazelle, it would show you him seeking **water**.

In a chase, a gazelle or deer will use **80%** of water in his body.

* If he doesn't get that water quickly, he will **die**.

1. When you are under attack, and you are in a spiritual battle fighting back, you will use some of your reserves so the first thing you need to do is get with **God**.

Let's look at 4 things to do when you are under attack:

- A. Recognize that you are in a **battle**.

Psalm 42:3

³My tears have been my food day and night, while they continually say to me, "Where is your God?"

Who are they?

Psalm 42:9-10

⁹I will say to God my Rock, "Why have You forgotten me? Why do I go mourning because of the oppression of the enemy?" ¹⁰As with a breaking of my bones, My enemies reproach me, while they say to me all day long, "Where is your God?"

They:

- David is talking about a literal, **physical** enemy.
I believe he is also talking about a **spiritual** enemy.
- 2. We have a spiritual enemy and his name is **Satan**.
 - Satan has **demons** and they will come against you all day long.
 - **Bad** dreams
 - **Anxiety**
 - **Depression**
 - Physical **maladies**

- * Then they say: Where is your God and why isn't he coming through for you?

First, it's just not physical or emotional, it is **spiritual**.

- * The only way to win a spiritual battle is to win it **spiritually**.

3. Even though you may have to correct lifestyle, don't **neglect** the spiritual.

There are two things you need to know about the spiritual battle:

- It's **real**

4. What I am saying is whatever you are experiencing in the attack, do not become **offended**.

- ** Your battle is not against others because when it seems you are under attack; other things manifest with people.

Zechariah 3 says "the Lord rebuke you"

Second thought:

- Do not get in **offense** with anyone

- B. The attack is a **lie**.

- It's real that Satan is coming against you, but what he is attacking you with is a big, fat lie.

5. Satan is lying to you about your health, marriage, job, future; Jesus called him the father of **lies**.

C. Stop listening to **yourself**

The flesh and all the **negative** stuff.

6. When you are depressed and struggling, don't **listen** to yourself.

Rebuke this in **Jesus'** name. This is the day that the Lord has made.

Emotions: draw you to God – so begin to talk to yourself with **truth**.

Psalm 42:5

⁵Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.

- Look at God's face / **countenance**

Hope in God and change.

Psalm 131:2

²Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child is my soul within me.

- * Start looking at God – in His **presence**

D. When you are under attack, get with **God**.

Psalm 42 & 43 were written at the same time.

Psalm 43:4

⁴Then I will go to the altar of God, to God my exceeding joy;
and on the harp I will praise You, O God, my God.

David says: I saw God's countenance in Psalm 42, now
Psalm 43 my countenance changes because I **worship**
Him.

Psalm 43:5

⁵Why are you cast down, O my soul?
And why are you disquieted within me? Hope in God; For I
shall yet praise Him, the help of my countenance and my
God.

* Feed your **spirit**, not your soul.

Because when you feed your **spirit**, it will pour into
your **soul**.

Conclusion: When you are under attack, when you
do these four things, God has it **handled** → get with
God.